

Sunday, February 17, 2008

## Snow Festival on Saint-Bernard Island

(Châteauguay, January 17, 2008) – On February 17, Héritage Saint-Bernard offers a day of winter activities on Saint-Bernard Island in Châteauguay. Workshops are offered free of charge to all out-door enthusiasts, big and small ! The event is made possible through the generous contribution of our Member of the National Assembly Jean-Marc Fournier.

### Schedule of events

#### **11 a.m. — Hiking in the refuge faunique Marguerite-D'Youville**

Accompanied by a naturalist guide, participants will take to the snow covered trails of this winter wonderland, discover the richness of this protected environment, feed the birds and maybe even meet a deer!

Duration: 45 minutes

#### **11 a.m. — Ice sculpture workshop**

Families are invited to create their own masterpiece with a block of ice and some easy-to-use tools. The ice sculpture workshop will be supervised by an employee of Héritage Saint-Bernard.

Duration: until 4 p.m. or all of the ice blocks are used

#### **11 a.m. to 4 p.m. — Games and animation**

Games and animation based on the theme of nature will take place for families in the Island Pavillon.

#### **1 p.m. — Historic hike**

A guide will take participants on a walk and will discuss the history of the island and the region and will discover the marvellous ancestral buildings, some of which date back to the XVII<sup>th</sup> and XVIII<sup>th</sup> century. Participants will also learn about Marguerite d'Youville, founder of the Grey Nuns and the last owner of the Seigniorship of Châteauguay.

Duration: 45 minutes

Individuals interested in taking part in the guided workshops (refuge faunique Marguerite-D'Youville and historic hikes) must present themselves at least 10 minutes in advance at the *Café de l'île*. Departures will take place from that location.

On site, visitors can also use the trails of the wildlife refuge on their own; families can snack, warm-up and rent raquettes and Nordic walking poles!

Information: 450.698.3133 – [www.heritagestbernard.qc.ca](http://www.heritagestbernard.qc.ca)